

# FREE LUNCH AND BICYCLE SAFETY WORKSHOP

Enjoy the ride: Learn the basic guidelines for bicycle riding in traffic to help gain the confidence to commute by bike. Common bicycle commuter issues will also be addressed, and a hands-on flat fixing demonstration will help get those bikes out of hibernation!

Instructor: Lisa Kayser-Grant, Merced Bicycle Coalition

**\*\*Register today: Seminar seating is limited**



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**DATE:** May 6, 2011

**TIME:** 12:00 to 1:00

**LOCATION:** Sam Pipes Room, Merced Civic Center

**RSVP CONTACT:** Anthony Zepeda — 209-235-1090  
(zepeda@sjcog.org)

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